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THE WINDWORD

April
2019

wvsailingclub.com

FROM THE COMMODORE

The sailing season at El Dorado Lake is almost upon us. Pretty soon we'll be getting out the hull wax and battery chargers. A wet March is behind us and expecting a typical windy April to blow in the start of activities at the lake. The pontoon (committee boat) is on the water, serviced, and ready to be used thanks to Bart Peace.

Some of the goings-on with the club this month are:

- OUR SOCIAL SEASON KICK-OFF:** Will be T.G.I.F. Dutch Treat Dinner & Drinks @ Picasso's Pizzeria.
- Friday April 12th, 6pm
 - 621 W Douglas Ave., Wichita KS 67213 (Delano District)
 - Happy Hour 6p - 8p 1/2 Price Local Brews
 - Supersize Slices of pizza under \$8 &

- most sandwiches under \$9
- Plenty of parking in the back and on the North side of Douglas
 - We'll have our own Private Room in the back (quiet other than our own ruckus) with adjacent outdoor patio seating (weather permitting)
 - We'll have our website set up for members to navigate and ask questions/suggestions
 - Watch for more to come in the flyer that will be sent out

- GREENWAY ELECTRICAL CONTRACTORS:** The survey of the club's facility continues.
- Comprehensive study, completed by the first week of April
 - Followed by WVSC committee that will review and develop a plan of action for immediate, short term & long term needs

- "HOW TO MAKE YOUR BOAT SHINE":** Clinic put on by Austin Bayes
- Sunday, April 14th, 2pm at Scholfield Hatchett Collision Center (West) 737 N Tyler Rd, Wichita, KS with parking in front & rear ([more info on page 6](#))

- WATER TURNED ON:**
- Date TBD, Weather permitting
 - We'll let you know when this happens

- ANNUAL CLUBHOUSE WORK PARTY:**
- Gene Plehal is organizing
 - Saturday April 27th, 9am till done...
 - This is a great opportunity to get some work credits by getting our facility ready for the season

Looking forward to seeing all of you, so mark your calendars and see you soon.

Live to Sail - Sail to Live, RICHARD

1937

Year Walnut Valley Sailing Club was established

85

Number of Sailboat Slips at WVSC at El Dorado, KS

130

Number of Dry Storage Spaces at WVSC Facility

Welcome

Walnut Valley Sailing Club offers a friendly and relaxing sailing club atmosphere at El Dorado Lake, Kansas. We have the best and deepest water conditions in the region, great facilities, programs, and events for sailors of all ages!

Our on-the-water Activity Center has all the necessary amenities for great sailing and social experiences. The activity center is available to members from spring through fall and includes a full kitchen, restrooms, and showers. Our 85 slips are 10, 12 or 14 ft. wide. There are many sailing activities, sailing programs, races and social events for the whole family. I hope you decide to join us for an exciting and fun 2019 sailing season!

- Commodore

Meeting Minutes

WVSC Board Meeting - March 14th, 2019

CALL TO ORDER: 7:14pm

BOARD MEMBERS IN ATTENDANCE: Brant Dumford, Richard Barth, Dave Bonifield, Eric Wertheimer, Deann Gadalla, Brian Hakala, Charlie Volk

COMMODORE'S REMARKS: The celebration of life service for Ed Webb was related. The February board minutes were approved as written.

MEMBER CONCERNS: None were raised.

LIAISON REPORTS & COMMITTEE CHAIRS

LONG RANGE PLANNING: No issues were raised.

HARBOR: Electrical update work is anticipated when the weather permits.

POWERBOAT: No issues were raised.

ACTIVITIES CENTER: The annual spring cleaning is scheduled for April 27, 2019 at 9:00am. It is anticipated that the water will be turned on in the clubhouse at that time. Options for more environmentally friendly disposable cups and plates were discussed. Biodegradable styrofoam is under consideration. Use of ceramic cups and reusable glasses were discussed. The swap meet is tentatively scheduled for June 8, 2019 at the clubhouse from 10:00 am to 2:00 pm.

STEP: No issues were raised.

MEMBERSHIP: The member handbooks have been sent to the printer. Fifty copies will be printed and placed in the clubhouse for members who wish to have a printed copy. A .pdf format file will also be generated.

ARCHIVIST: Some club related papers from Ed Webb may be placed in the WVSC archives. *(Continued on pg. 3)*



Catalina 22 Spring Schedule

Meeting at Rob Brown's

3220 N. 143rd St. East
Wichita, KS 67228
2pm - 4pm

WVSC Board Meeting

Monthly Board Meeting

9449 East 21st St. N. Suite 200
Wichita, KS 67206
7pm

06

11

Sail Trim Quiz

Sail trim is a big part of a sailor's knowledge base. Here's a little quiz to see if you know some of the pertinent. Passing doesn't mean you know it all and failing just means you have to hit the books. Have fun! *(Answers located on page 5).*

- 1) What does the word "draft" mean in terms of sail trim?
 - a. The amount of wind that spills off a sail, usually a mainsail
 - b. The measured force of wind hitting the sails
 - c. The measured angle of the headsail as it relates to the main on a sloop rigged boat
 - d. The curvature of a sail where the depth is the greatest
- 2) What is twist?
 - a. The difference between the angle of attack at the foot and at the head of a sail
 - b. The unwanted occurrence of a misshapen sail in a powerful gust
 - c. The technique of using the boom to pump a sail, thereby creating apparent wind in a light breeze
 - d. The length of the foot of a sail multiplied by the draft equals its twist
- 3) The most common reason for weather helm is:
 - a. Strong currents
 - b. Winds so light the boat follows its natural tendency to move windward
 - c. Excessive heel
 - d. Uncalibrated linkage within the steering system *(Continued on pg. 3)*



Minutes Continued...

PUBLIC RELATIONS/MEDIA: Good feedback regarding the new website was reported. Options for additional website functionality were discussed. A motion was approved to pursue a membership data add on. After discussion a motion was also approved to pursue adding the ability to automatically input data to generate slip and dry storage maps. The STEP program contribution to website add on cost was discussed. Other options including online payments, membership cards, video support, and an automatic link to Facebook were discussed but it was not elected to pursue them at this time.

FINANCE: Electrical usage and billed expenses have been significantly above budget and historical usage. Billing was discussed. A count of bubblers will be reported on. Our current insurance is scheduled to expire April 1, 2019. The finance committee is working on getting the renewal process completed.

DRY STORAGE: No issues were raised.

CALLING COMMITTEE: There are plans to contact the membership regarding the first social event of the year. This will be Friday April 12th, 2019 at 6:00pm at Picasso's Pizzeria at 621 W. Douglas Avenue.

SOCIAL: Planning for May's social (Meet the Board/Catalina 22 Send Off) was discussed.

SECURITY: One alarm was set off in February due to the late entry of access code.

SAILING ACTIVITIES: No issues were raised.

OLD BUSINESS: None reported.

NEW BUSINESS: The business calendar was reviewed to ensure that recurring paperwork was addressed.

ADJOURNMENT: Meeting was adjourned at 9:30pm.

Next Meeting, April 11th, 2019 at 9449 East 21st Street N., Suite 200, Wichita, KS 67206.



Boat for "Sail"...

\$3,900 OBO.....1983 Gloucester, 23'

In very good condition, comes with galvanized trailer. It has a shoal keel with a swing center board, and a Mercury 9.9hp motor with very few hours. The main was reconditioned, with very little sail time, and new sail covers at the same time. The halyards and dock lines were new in 2014. Contact Ed Klima at 620.786.5146



Social - Season Kick-Off

Picasso's Pizzeria - Delano

12

621 W. Douglas Ave, Ste. 360
Wichita, KS 67213
6pm

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Catalina 22 Spring Schedule

Meeting at Rob Brown's

3220 N. 143rd St. East
Wichita, KS 67228
2pm - 4pm

Quiz Continued...

- 4) "Pinching" means:
- Pointing too high into the wind
 - The constant readjusting of sails when traveling up wind
 - Adjusting the traveler to the windward side of the center point
 - Making your sails as flat as they can be
- 5) What is a Preventer?
- A Preventer is another name for a life line
 - It's the post that keeps the rudder from spinning around in a circle
 - It's the last thing a mainsail hits after being raised
 - A system rigged so the boom doesn't accidentally jibe
- 6) When sailing close hauled, a general rule for mainsail trim is to:
- Have the outboard end of the top batten parallel with the boom
 - Have the outboard end of the bottom batten curved at a 30-degree arc
 - Have the luff tension loose because you can always go tighter later if need be
 - Adjust the luff tension in a concert with the mainsheet tension until a perfect aerodynamic slot is formed
- 7) In what order should you trim sails on a sloop-rigged boat?
- Main then jib
 - Jib then main
 - It doesn't matter
 - Both as close to simultaneously as possible

Change of Date!

Friday - April 12th @6pm

LOCATION: Picasso's Pizzeria, 621 W. Douglas, Wichita, KS, 67201

Join us for our SEASON KICKOFF SOCIAL! Come celebrate the beginning of sailing season at Picasso's Pizzeria in the Delano District. Located on the South side of Douglas, just East of Credit Union of America.

R.S.V.P to our Facebook event or send an email to info@wvsailingclub.com



10 Phrases

You Never Knew Came from Sailing

When you stop to think about it....sailing is pretty amazing. From a historical perspective, through its role in travel, trade, and war, it was the absolute hinge of western civilization for hundreds of years. Through that time, sailors' slang and terminology became rooted in the English lexicon and still exists profoundly to this day.

Here's a list of 10 everyday phrases that you may not have realized were born in the days when sailing made the world go round... wait...is that a nautical phrase?

1) "A clean bill of health"

According to dictionary.com this phrase derives from the days when the crew of ocean going ships might be a little less than hygienic, so they needed to present a certificate, carried by a ship, attesting to the presence or absence of infectious diseases among the ship's crew and at the port from which it has come.

2) "Feeling Blue"

How often do you hear people talking about feeling blue or having the blues? An entire genre of music comes from this phrase. Who knew that came from the world of sailing? See-the-sea.org explains the popular phrase comes from a custom that was practiced when a ship lost its captain during a voyage. The ship would fly blue flags and have a blue band painted along her hull when she returned to port.

3) "Pipe down"

Parents have been screaming "pipe down" to their kids forever, but where does that actually come from? Apparently, Pipe Down was the last signal from the Bosun's pipe each day, which meant lights-out, quiet down, time to go to bed.

4) "Over a barrel"

We all know when someone has you "over a barrel" things aren't going well. This saying is used all the time these days to indicate being severely compromised, but it began in the most literal way. Sailor crew would sometimes be punished for their misgivings and that involved being tied over a cannon barrel and whipped. It's no wonder that one stuck around. Yikes.

5) "A square meal"

People often talk about getting three "square meals" a day...what is a square meal? It's actually quite simple - the wooden plates back in the days of tall ships were square.

ALL THE FUN IS

Recipe of the Month Ham Pâté A Suzette

by Gwynne Bonifield

HAM PÂTÉ:

1/2 lb lean ham (buy a slice and cut it up into small pieces)
8oz cream cheese, softened
1/4 cup real mayonnaise
2 Tbsp Dijon mustard

GARNISH:

1/2 cup parsley
3 Tbsp onion, chopped

This recipe was served at a bridge luncheon about 20 years ago. This recipe is my go to dish at most of my gatherings and I bring this to other events. This is easy AND delicious!

- 01 Cut ham into small pieces.
- 02 Combine ham, mayonnaise, dijon mustard and softened cream cheese in a bowl.
- 03 Chop the parsley and onions and place on top and bottom of the ham pâté.
- 04 Serve with crackers or crusty bread - Enjoy!



6) "Toe the line"

Perhaps you've been at work and your boss has scowled at you and said, "toe the line, or you're gone." If this has happened to you, we are sorry, that sounds like a horrible work environment. But, if you were wondering about the origins of this demand, it's an old naval expression that refers to a ship's crew who would be called to gather and form a line with their toes all touching a given seam (or line) of the deck planking.

7) "By and Large"

Folks say this one all the time to refer to the big picture. "By and large, ASA is the most awesome organization in existence"...something like that. This term got started on a sailboat with the word "by" meaning into the wind and "large" meaning off the wind. So sailors would say: "By and large this ship handles quite nicely."

8) "Loose cannon"

Everyone has known a few people who are loose cannons - unpredictable and dangerous on some level. Not surprisingly the term comes from when a ship's cannon would come loose from it's lashing. The big dangerous thing would be sliding all over the place making for some uncomfortable time on deck trying to get that bad boy back in its spot.

9) "Hand over fist"

These days this phrase usually refers to making a bunch of money, although it can refer to anything happening fast and in abundance. It comes from a more literal origin - sailors would be tugging at lines as fast as they could, hand over fist, to trim sheets and raise sails.

10) "Son of a gun"

It's amazing that this phrase has lasted so long. Back in the day, as you might imagine, sailors were often less than virtuous and every once in a while a "lady friend" of a crewman might give birth to a child on the ship. A good spot for this sort of thing was between the guns on the gun deck. Now let's say this little rascal isn't claimed by any of the aforementioned sleazy sailors, this little grommet sometimes would be called a "son of a gun."



Save the Date!

Saturday - May 18th @6pm

Join us to meet the new members and the Board of Governors!

This location is TBD

ON THE WATER!

Sail Trim Quiz - Answers

1) **D.** Draft is the deepest point of a sail's horizontal cross section in the sail - it affects the amount of curvature (depth) in the sail's airfoil shape. When we analyze sail shape we consider "draft position" - the location of the "deepest point" of the sail measured forward to aft along any cross section of a sail.

2) **A.** Twist is the difference in angle of attack (chord) of the horizontal cross section of the sail at different heights. Normally it is measured from the bottom (which is zero degrees) to the top of the sail (or any other height).

3) **C.** The most common cause of weather helm is excessive heel while sailing upwind or close reaching. The difference in position of the center of effort of the sails relative to the center of lateral resistance (pivot point) of the hull causes weather (or lee) helm. Factors include, mast rake, mast step position, sail shape, sail size and trim, and how much the crew is hiking! Normally a small amount (3-5 degrees) of weather helm is desirable when sailing upwind in moderate winds.

4) **A.** "Pinching means sailing too close to the wind direction when trying to sail upwind. There are times where you may intentional to "pinch" (to get around an object, or in a strong puff of wind) but it is not the most efficient way to sail upwind.

5) **D.** A preventer is a system (ropes and straps) that prevents the boom from jibing. It can cause a boom to break in an accidental jibe and normally should not be employed. Always keep your head and body below a boom's arc of rotation.

6) **A.** A general rule for setting upwind mainsail twist is to have the boom on or close to centerline and the top batten (at the leech) parallel (but not directly above) to the angle of the boom.

7) **B.** For best performance and acceleration - trim the jib a second or two ahead of the mainsail. However, in most conditions it really doesn't matter which sail is trimmed first. But to avoid getting struck in irons in stronger winds - never trim the mainsail before the jib.

Summer Sailing Academy

Our US Sailing certified instructors teach all skill levels from youth to adults. Whether you're just starting out, or building on your existing skills, our programs will help you grow your skills as a sailor.

Fundraising

Support Walnut Valley Sailing Club, STEP & Youth Sailing Programs!

You already shop at Amazon and Dillons, why not earn money for Walnut Valley Sailing Club STEP (Safety Training and Education Program) and Youth Sailing too?

When you shop via the links on our website wvsailingclub.com/fundraising, we will earn a percentage of your purchase. There is no extra cost to you, just a special link. Check it out today!

Thank you for your support - WVSC

The club's Safety Training and Education program (STEP) will host various "learn to sail" clinics, camps and lessons this summer for both youth and adults. Our boats include Catalina 14.2's, Catalina 22's, Lasers and a Sonar. Sailors are welcome to take one, two, or all three sessions.

SESSION ONE: For the beginning sailor, ages 8-12, who are new to sailing or with very little experience. Instructions will be on Prams, Optimis, and Sabots. Sessions will be on July 8th, 9th, 11th, and 12th from 10am - 4pm.

SESSION TWO: For the beginning/intermediate sailor, ages 12 and up. This session is for the returning sailor that has some experience sailing or is a repeat camper

or an older beginning sailor. Instruction will be on Catalina 14.2's. Sessions will be held on Mondays, Tuesdays, Thursdays, and Fridays, July 15th - 26th from 10am - 4pm.

SESSION THREE: For the advanced sailor, any age of youth or adult, requires approval from the instructor. Instructions will be on Lasers or the equivalent. This is a fast paced, intense course focused on racing strategies, team racing, match racing, and sail trim. Sailors will compete in the club's Wednesday night racing program during the week of the camp. There are a limited number of club Lasers, it is recommended that sailors bring their own boat. The date(s) for session three is TBD (to be determined) and will be held from 4pm to sunset.

For more information or to sign up for WVSC's 2019 "Learn to Sail" Programs contact: info@wvsailingclub.com



Catalina 22 Spring Schedule

Meeting at Rob Brown's

20

3220 N. 143rd St. East
Wichita, KS 67228
2pm - 4pm

Catalina 22 Spring Schedule

Meeting at Rob Brown's

27

3220 N. 143rd St. East
Wichita, KS 67228
2pm - 4pm

A Perfect Finish

Join us to learn the details of restoring and maintaining the finish on your boat's gelcoat. Austin Bayes will discuss his knowledge of the subject and answer questions you may have.

For those that don't know, Austin is the Shop Manager for the Scholfield Hatchett Collision Center and has successfully restored the finish on several boats. Some of the topics Austin will cover include:

SUBSTRATES: Knowing what kind of surface you have to work with and what kind of attention it needs.

DATE: April 14th, 2019 | **TIME:** 2pm | **LOCATION:** Scholfield Hatchett Collision Center, 737 N Tyler Rd (Parking in front or rear of building)

PREP WORK: Cleaning prep, tools to make life easier, and how to gauge whether or not the boat needs any sanding.

EQUIPMENT: Variable speed polishers and settings for each stage, Wool vs. Foam pads, Wax applicators, Bonnets and towels

COMPOUNDS/POLISHES: Different types of compounds/polishes and why they are important. THIS is the one area that will make everyone's lives easier.

This is your chance to learn from somebody who really knows how to do it!

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