

THE WINDWORD

The Newsletter of the Walnut Valley Sailing Club

Website: www.wvsailing.com

SEPTEMBER 2005

CALENDAR:

September 2-4	Perry Yacht Club 2005 Commodore's Cup Regatta
September 3	Centerboard Racing
September 5	Labor Day
September 10-11	Snipe District Regatta
September 10	Mexican Fiesta Men's Cook-off
September 17	Sixth Club Regatta
September 22	First Day of Autumn
October 1-2	2005 WVSC Championship Regatta

Wow. What a great month it has been. First, there was the annual Pig Roast, courtesy of John Balthrop and company, hosted by David and Christie Reynolds and supported by Marilyn and Dave Grisham. As always, a great meal that was topped off by an entertaining after dinner presentation by Bob Gress, Director of the Great Plains Nature Center, and accompanied by several truly fascinating wild animals. Truly a great job, all. Then, on August 22nd, some 16 sailboats departed the WVSC cove carrying 50, more or less, of John Carter's physician assistant students for what turned out to be an absolutely wonderful evening sail. As it turned out, I happened to be the fourth or fifth boat out of the cove. When I turned around to check the progress of the other boats, I saw a really magnificent sight. The entrance to the cove was filled with the sails of the other 12 boats gleaming in the faint sunlight of a partly cloudy western sky. After being rained out the day before and going through a day of uncertain weather, somehow we managed to pluck out a couple of hours of modestly descent wind. It was quite a show. I think our presence on the lake was noticed. I am quite sure that everyone, students, guests and skippers alike, had a good time. I would like to express my thanks to John Carter for providing the opportunity for WVSC to extend its hospitality to a great bunch of young adults. I would also like to thank the students for coming out to our facility and going sailing with us. I would sincerely hope that the opportunity to do this and events like this become a part of the WVSC tradition.

~~On a different note:~~ The Park Service has approached WVSC for permission to use its facility for an event to be hosted by the Park Service on October 2nd. It is anticipated that there will be approximately 50 state and local officials will be in attendance. The purpose of the event is to showcase the lake, the facilities and activities present at El Dorado State Park. The Board unanimously approved the use of the facility by the Park Service for approximately a 3-hour period on that date. We should be flattered to have such a request in that it speaks very highly of the Club and its facility.

Now here's the catch. I would like to put our best foot forward for this event. Like they say, the first impression is the lasting impression. This should be our best impression. To that end, I have requested the appropriate Board liaisons and their respective committee chairs, to put together and publish a work party schedule at their earliest opportunity, to address a definitive list of things we can do to spruce up the facility between now and October 2nd. A notice will appear either in this issue of the Windword, on the website and/or posted in the clubhouse. Expect to see an email also. In addition, I am soliciting your help in supporting these work parties. So, what is the motivation? It would be fair to say that the sailing season is substantially more than half over. The opportunity for additional work credits is diminishing by the day. If you have a requirement for additional work credits, this may be your last chance. On the other hand, this is also a chance for you to contribute in the effort to promote your club's image in the eyes of the public, not to mention state and local officials. Opportunities like this do not come often so consider pitching in and making a difference.

See you at the lake

Clark Chambers, Commodore

OFFICERS:

COMMODORE

Clark Chambers 722-5235 '06
cchambers@flyryan.com

VICE-COMMODORE

Ron White 263-6890 '06
r_white1@sbcglobal.net

TREASURER

Marilyn Kroupa 778-1092 '05
mkroupa@mony.com

SECRETARY

Mac Carter 691-2847 '05
mcarter23@cox.net

REAR COMMODORE

James Rix 636-9664 '05
krix1@cox.net

John McCabe 634-6525 '07
jcmccabe@sbcglobal.net

Patrick Boyarski 634-2826 '07
pfromp@cox.net

Deaun Warfield 681-3592 '07
wichwarfld@aol.com

Gene Plehal 722-1037 '06

MEXICAN FIESTA CELEBRATION & COOK OFF!



SEPTEMBER 10

Social: 6:00

Dinner: 7:00

Allow for prep time if needed.

Adults: \$5.00

Under 12: \$2.50

Chefs: \$2.00

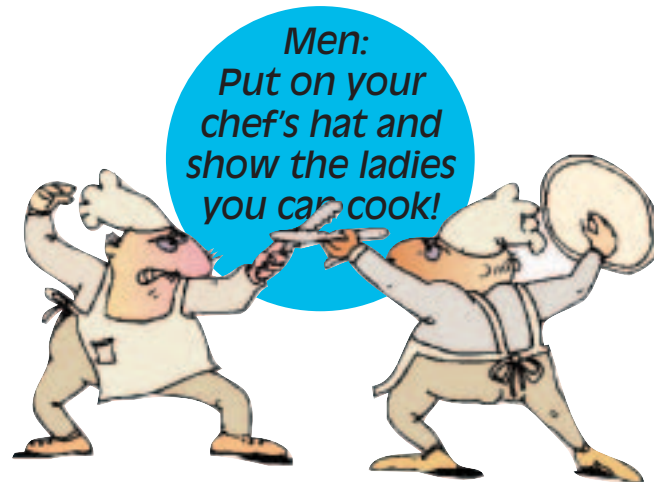
Margarita mix provided

GREAT PRIZES!

PRIZES FOR:

Best Chefs, Most Authentic, Most Attractive,
Most Popular, Spiciest, Most Creative
Presentation, Cheesiest, and

MANY MORE!



Racing Activities Upcoming Events

NOTE: All monthly regattas will be held on Saturdays (not Sundays) for the remainder of the 2005 racing season. Make a note!



September 3, Saturday, 1pm – Centerboard Racing:

Last chance at one-design racing on the STEP Catalina 14.2 boats. Will add Lasers and Snipes if enough people show up. If you haven't tried this, you owe it to yourself to see what close racing is all about. Call Gary Pierce or Bill Sorensen for more information.

September 10 and 11, Saturday & Sunday – Snipe

District Regatta: If you sail a Snipe, this is your special regatta. Match yourself against Snipers from neighboring states. Call Ken Rix for details.

September 17, Saturday, 10am – Sixth Club Regatta:

Come out and help set a club record for the highest number of boats racing! Steve Kubin will organize a regatta to remember. This is your final racing tune-up before the club's 2005 championship regatta.

October 1 & 2, Saturday & Sunday – 2005 WVSC

Championship Regatta: This is it! The Big Kahuna...the last hurrah. This is for all the marbles. Two days of racing to determine who takes home the club trophies for keel-boats and centerboards. Look for more information in this issue and in future promotions.

Pat Boyarski, for the Racing Committee

We've Got Visitors!

Walnut Valley Sailors – We are very pleased and honored to be the host club for the **Snipe Midwestern Championship**, and the **7-state District Regatta on September 10th & 11th**. We anticipate boats participating from Texas, Oklahoma, Iowa, Nebraska, and Colorado.

Saturday, September 10th is the same evening as our Mexican Cookoff. These guests will be joining us for dinner so show your terrific Walnut Valley hospitality by bringing a little extra food. Also please introduce yourselves and swap some sea stories. Let's make these sailors feel welcome!



Dear Members:

Every year, John Carter entertains members of his WSU Anatomy Class with a hamburger-hotdog party and sailing. The party this year was on August 21. Several club members volunteered to take class members out for a sail. We counted 12 boats out on the water in what developed to be a nice breeze. Here are photos from the event:
http://www.pbase.com/wvsc/john_carter_anatomy_class

Bruce Ward



Pity the one that didn't survive...



Anybody ready for the "3-hour tour?"



Calm Wind Tests Centerboarders at Special Handicap Regatta

Ken Rix may be a sailing magician, but even he cannot call up winds on a calm Kansas day. Postponements, almost non-existent winds and steaming hot temperatures all conspired to derail the regatta, but a determined group of centerboard racers was not going to let anything get in the way of a race.

Shortly after lunch, Ken saw two leaves on the cottonwood tree by the clubhouse flutter at the same time, and he called out "Let's go racing!" Twelve boats launched and started out of the cove at a snail's pace, each crew assuring themselves that, surely, the wind would get better when the boats made it out into the main lake.

One by one, the boats got to the mouth of the cove and headed for the start line. The hoped-for-wind did not materialize but, surely, it would get better as the afternoon wore on. After all, didn't all the Wichita weathermen say the wind would build later in the day? Gene Plehal in a powerboat that was serving as a water stop decided to tow boats to the starting line to help get the race underway. It was a sight to see: 12 boats, all on starboard tack, clustered around the committee boat when the first horn went off. Five minutes later: 12 boats, all on starboard tack, just approaching the pin end of the line. Do you get the picture?

You've heard of sailboats "ghosting along", haven't you? What little wind there was turned fickle, shifting willy-nilly and creating holes in different parts of the course. It was so still in the holes that the only sound you could hear was the sweat rolling off skippers and crew. There was lots of surreptitious sculling of tillers to complete tacks before all momentum was lost, but we won't name names here. Some skippers called for Gene Plehal to bring a bottle of water, hoping that the powerboat's wake would somehow propel them out of a hole into a spot of breeze.

Little Emily Rix and her crew James (Snipe) were first to the windward mark, followed by Pat Boyarski and Clark Chambers (Fusion 15), just ahead of Mary Ann Rix and Liesl Nauck (Snipe). The race committee, taking pity on the racers, decided to shorten the triangle course by eliminating the leeward mark and instructed the racers to head back to the line after rounding the reach mark.

The first 3 boats rounded the reach mark in the same order, but then things got interesting. Emily and James went downwind instead of sailing directly toward the finish in an attempt to build boat speed. Mary Ann and Liesl caught Pat and Clark shortly after the mark and assumed a

position just ahead and to windward. Just before it was too late, Emily turned to her Dad and said, "I don't care about your tactics, I'm heading for the finish line." At almost the same time, Clark convinced his reluctant skipper that their only chance was to duck Mary Ann's Snipe, get clean air and try to get overlap before getting to within two boat lengths of the pin.

One hour and fifty-two minutes after starting, Emily and James crossed the line. Pat and Clark did get overlap, forcing Mary Ann and Liesl to fall off, so the Fusion crossed second, followed a few seconds later by the Snipe. Crossing fourth were Kyle and Jerry Brady in their Flying Scot, followed by Sharon and Terry Lewis (Snipe), Doug Johnson (Sunfish) and Grey Rowell with crew Matt Chesebrough (Catalina 14.2). The remaining boats did not finish.

Wouldn't you know it? The wind finally did pick up a bit as the exhausted crews made their way back to the cove. It was the best sailing of the day.

At the clubhouse, Ken Rix applied the Portsmouth handicap as well as his own additional handicap based on boat ownership, age, gender and race experience. The final results are reflected below. A table full of sailing accessories provided gifts for the skippers and crews, followed by a meal of hot dogs, potato salad and beans expertly prepared by Mike Hand. Despite the conditions, the day provided a real lesson in light wind sailing.

FINAL RESULTS:

- | | |
|------------|--------------------------------------------------------------------|
| 1st | Emily and James Rix; Snipe |
| 2nd | Mary Ann Rix and Liesl Nauck; Snipe |
| 3rd | Pat Boyarski and Clark Chambers; Fusion 15 |
| 4th | Doug Johnson; Sunfish |
| 5th | Sharon and Terry Lewis; Snipe |
| 6th | Kyle and Jerry Brady; Flying Scot |
| 7th | Grey Rowell and Matt Chesebrough; Catalina 14.2 |
| 8th (tie) | DJ and Dakota Harms; Catalina 14.2
John McCabe and Ron Drieling |
| 10th (tie) | Mike Wasson; Dolphin
Ernie and Ardie Condon; Snipe |
| 12th | Gary and Jayne Pierce |

Pat Boyarski, Race Committee

From the Chart Room!

Lord willing and the creek don't rise...

Well... anyone been out to the club lately? Looks like not only the creek, but the lake did rise, for the second time this year! And this time was a mess! Who says that swimming and sailing don't go together?

The lake crested at just about one foot from the top of the flood control pool, as the gates were opened to control the levels. Anyone who drove around the back of the dam on Saturday or Sunday was treated to a joyful sight of many wannabe anglers catching their limit of catfish as the little critters attempted to feast on whatever exited the dam. Those that attempted to get to the clubhouse only did so through waist deep water! Thank God for clubhouses and docks that are designed for maximum lake-swell, and thanks to those that designed them that way!

Thanks also to the wonderful officers and club members that came out daily to move boats, empty sail-houses, dry jibs, and do everything else necessary to keep the club safe and working for us all! While I'm certain that I won't get all the names, I do want to especially thank the following folks: Gene Plehal, Gary Pierce, the Warfields and Don Chism for working so hard to rescue the club resources, and Bruce Ward for keeping us informed!

And, yes, the sailing was awesome for those who were willing to swim to their boats!

Fair winds and following seas,



Marshall Nauck, Editor
"Hullabaloo"
mhnauck@sctelcom.net



High Water in August

New Members

Delton & Lyn Sandefer

STEP 2nd Session - 2005

Adults

Paul McCausland
Roger Lyons
Mathew Cheseborough
John Rickman
Joe Gunzel

Jr. Members

Jacob Canady
Trend McCausland
Richard Hosch
Nick Martin

Welcome!



High Water in August



From the Walnut Valley Sailing Club

MacGregor 26x — 26 foot motor-sailor-year 2000-lightly used. Features: 50 HP Evinrude OB w/ EFI (Suzuki made-yr. 2000), Harken MK-II Unit 00 split-drum roller furler, Genoa and jib w/ UV protection for roller furling, asymmetrical spinnaker, boomkicker, adjustable split-backstay-easily converted to single stay, large steering

wheel, fold-up cockpit pedestal table w/ drink holders, chrome companionway handles and sliding hatch handle, covers for cockpit storage, shrouds converted to turnbuckles, mainsail w/sailslides, jackline and 2nd reef line, Lines led aft w/ Lewmar rope clutches, additional halyard for spinnaker, mast eye for whisker pole, anti-fouling bottom coat, trailer w/ surge brakes, Bimini, cockpit cushions, Origo alcohol stove, 6.5 gallon gas tanks x2, portapotty. The boat is located in McPherson, Kansas — delivery in midwest may be possible. Asking \$19,900. Erik Rieger – 620.241.7373, 620.242.8580 (cell)

MacGreger 25 – 1986: One owner – very good condition. Depth finder-compass-sail cover-trailer and motor. \$5200 or OBO. Gary Pierce 686-8823 or Gene Nold 636-2091

Chrysler 22 “Olde Frothingslosh”. This boat is in great shape and sail ready! Sleeps 5. A swing keel with new navy blue paint on the hull and new anti-fouling on the bottom. Equipment includes Main sail, main sail cover, jib, 150 genoa, boom vang, 7.5 hp Merc., anchor, 110 shore power, battery charger, VHF marine band radio, depth sounder, porta potty and trailer with new axle and tires. \$3500.00. Contact Mike Wasson @ (cell) 806-8411 or (home) 778-1288

S2 6.7 Hull #50 1981 GrandSlam — 22 foot racer/cruiser, 6 HP Johnson engine, nearly new racing sails from Kerr Sails/Tulsa, racing Dacron jib, racing Dacron mainsail, Spectra/Mylar Genoa, spinnaker, spinnaker pole, recently faired retractable daggerboard (2002), recently faired rudder (2002), new bow hatch (Bomar) (2002), new hatch ports (Becker) (2002), rebuilt transom with original balsa core-professionally and expertly done (2002), Raymarine depth finder/knotmeter (2002), bulkhead compass, good interior, dry balsa core hull with no blisters, new steaming/deck light (2002). This boat has a few minor gelcoat blemishes that could easily be corrected. It is in overall great shape — ready to race and win or cruise — easily trailered. This boat is a sweet sailing gem. Asking \$7000. Read reviews of this boat on Sailnet.com under the Boatcheck pages. Erik Rieger, (620) 241-7373, (620) 242-8580 (cell).

From the Ninnescah Mainsheet

J/24's For Sale. Many great J/24's are available for sale both Regionally and Nationally for very reasonable prices. If you are interested, contact Schoen Fitzgerald at 316-685-9225 or Dan Acridge at 316-687-2471. Call us or stop by the slips, we'd be happy to take you out to test drive one of these great onedesign racers. J/24 “The Ultimate One-Design”

Santana 25 – Quarter ton boat and trailer \$5,500 with some extras \$7,000. Great boat for pleasure or racing. Make offer. Boat located at 3416 1/2 W. University, Wichita, KS 316-946-0745. 7.5 H.P. Mercury 2 cycle, long-shaft outboard motor with 3 gallon external fuel tank. Expertly maintained, runs perfect. Call Tom Olsen at 304-6569 and see on Screamin' Eagle, slip #C-15. Asking \$500.

Catalina 25' – (1981) Swing keel, 9.9 hp electric start outboard, brand new North 150% roller furling genoa w/ UV cover, good main sail, good spinnaker, private head, sleeps 6, 2 sinks, alcohol stove, icebox, no blisters, brand new VFH radio w/stern antennae, brand new stereo, depth and speed instruments, flatbed trailer & cradle, several life jackets, buoys, dock lines and other extras. Needs bottom paint and exterior varnish. \$7,000. Call (620) 669-7278.

Hobie 16. 1986 boat in great shape; trailer repainted; new sail tube; full mast; garaged in off season; now at yard space at the club; this is our 2nd boat and sailed too little to keep. \$1000 obo. Call Dan at 316-721-1290 or 706-5345.

WANTED: Boats and Sailors to help with a Scouting learn-to-sail event on September 17th. On that day we will be teaching various sailing activities to the scouts with the goal of having them earn their sailing merit badge. The kids will rotate in groups through various on-shore activities, small boat

sailing with the Opti/Sunfish boats and large boat sailing. We would also like to cook hamburgers and hot dogs for the kids so a couple people with “grilling skills” would be useful. The kids will also be camping out Friday and Saturday night during the event, so if that peaks your interest as well, come and join in on the fun. If you are able to help with this event, please contact Mike Graham at 773-3580 or 5Grahams@cox.net

NOTICE OF RACE

Perry Yacht Club welcomes you to the **24th Annual Commodore's Cup**. The regatta weekend will include fantastic social events, great meals, ice cold refreshments, live entertainment and great racing. The addition of our new boat ramp, courtesy dock, second mast hoist and 10 additional 30-amp RV electrical outlets in our campground will greatly enhance the ease at which all traveling sailors will be able to attend, launch their boats and participate in this historic regatta.

Location: Perry Lake
Dates: September 2, 3 and 4
(Labor Day Weekend)
Organizing Authority: Perry Yacht Club, Meriden, KS

SCHEDULE OF EVENTS

Friday, September 2

17:00 to 21:00 Registration / Beer & Brat Reception at the Clubhouse

Saturday, September 3

07:30 to 09:30 Pancake Breakfast at the Clubhouse
08:30 to 09:30 Registration at the Clubhouse
09:30 Opening Ceremony / Flag Raising at the Clubhouse
09:45 Skippers' Meeting at the Clubhouse
11:25 Warning Signal for 1st race; 2nd and 3rd races to immediately follow
18:30 to 22:00 Commodore's BBQ Banquet at the Clubhouse
20:30 Close of Silent Auction to Benefit PYC Youth Sailing

Sunday, September 4

07:30 to 09:30 Continental Breakfast at the Clubhouse
08:30 Skippers' Meeting at the Clubhouse (if required)
09:55 Warning Signal for 4th race; 5th race to immediately follow

Following last race Refreshments – Trophy Presentation – Door Prizes

For complete registration materials, please use the attached document or follow this link:

<http://www.perryyachtclub/race/CC-2005-NOR.pdf>

For additional information contact:

Bill Mendel, Rear Commodore/Perry Yacht Club
kcmendel@aol.com • 816-365-2279 (cell) • 913-685-7490 (home)

PARTY! PARTY! PARTY!

(*WORK* Party – That Is)

Scheduled for
September 10th at 9am



We will be doing a little digging.

A little trimming.



And a little carpentry work...



Come on out for some fun and earn your work credits for next years membership dues.

For questions call Arnie Kroupa, Building and Grounds at 262-7453.



Pig Roast Attendees



Central States Sailing Association Junior Circuit Regatta #3

Walnut Valley Sailing Club
July 30-31, 2005

<u>Laser Fleet</u>			<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>Points</u>	<u>Standing</u>
	Bret Warfield	WVSC	1	1	1	3	3	9	1
	David Blessing	NSA	2	2	3	1	2	10	2
	Seth Pierce	WLYC	3	3	2	2	1	11	3
	Blake Pierce	WLYC	4	4	4	4	4	20	4
<u>Sunfish Fleet</u>			<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>Points</u>	<u>Standing</u>
	Kelly Gerken	NSA	1	2	1	1	2	7	1
	Kyle Brady	WVSC	2	1	2	2	1	8	2
	Philip King	WVSC	3	3	3	3	3	15	3
<u>Optimist Fleet</u>			<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>Points</u>	<u>Standing</u>
	Cooper Pierce	NSA	1	1	1	3	1	7	1
	Dakota Harms	NSA	2	2	2	1	2	9	2
	Daniel Rix	WVSC	3	3	3	2	3	14	3
<u>Pram Fleet</u>			<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>Points</u>	<u>Standing</u>
US Sabot	Jonathan Piszczek	WVSC	1	1	1	1	1	5	1
Optimist	Emily Rix	WVSC	2	2	2	2	2	10	2
<u>Handicap Fleet</u>			<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>	<u>5</u>	<u>Points</u>	<u>Standing</u>
Capri 14.2	Reid Warfield/ Harrison Sinclair	WVSC	1	1	1	1	1	5	1



The Junior Regatta Winners

Walnut Valley Sailing Club Annual Pig Roast



The safety-conscious even wore their life jackets in the clubhouse in case conditions worsened.



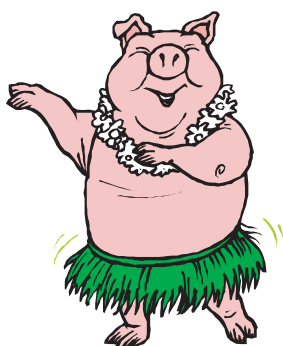
A beautiful day at the lake.



The pig roast was called due to rain but we went with the next best thing.



Just when she thought there was nothing Bruce could do that she couldn't handle...



The rain didn't dampen everyone's "spirits."





Board Meeting Minutes

WALNUT VALLEY SAILING CLUB BOARD OF GOVERNOR MEETING
MINUTES SUBJECT TO CORRECTION

THURSDAY, AUGUST 11, 2005

CALL TO ORDER: Commodore Clark Chambers called the meeting to order at 7pm in the office of Marilyn Chambers. Board members present were Clark Chambers, Ron White, DeAun Warfield Gene Plehal, Marilyn Kroupa, Pat Boyarski, John McCabe, James Rix and Mac Carter. Guests were Arnie Kroupa and Daniel Rix.

APPROVAL OF MINUTES: The minutes of the July 14, 2005 meeting were reviewed for approval. Boyarski made a motion to approve that was seconded by Kroupa. Motion carried.

APPROVAL OF THE TREASURERS REPORT: Treasurer Kroupa reviewed the June and July 2005 financial report. There was a discussion regarding the cost of cleaning the Activity Center. That review will be conducted at a later date. Rix made a motion to approve the report that was seconded by Carter.

Kroupa presented Delton and Lyn Sandefer as new members. He is employed by USD 249 and they have three children. Their boat is a McGregor 26 with the name "Nuthin' Fancy and is located in Dock A. White made a motion to approve their membership application that was seconded by Plehal. Motion Carried. Welcome Delton and Lyn.

OLD BUSINESS: Commodore Chambers asked for work party projects. Arnie Kroupa reported the replacement of the roof overhang material on the shelter will be started by the "Wednesday morning crew" and completed on August 27, 2005. The approximate cost of the materials will be approximately \$80.00.

Commodore Chambers announced that the Park Department has requested the use of our Activity Center on October 2, 2005 for the purpose of demonstrating to our State Senators and others interested in the Park System the value of the parks. They will be reconsidering the approval of SB87 (lake fees vs. auto tag fees for park usage) again this year.

The WSVC Board has been invited to attend this event as well as other interested members. He asked for a special work party in September to assure our facility is in top condition for this event. A motion to approve this request was made by McCabe and seconded by Warfield. Motion carried.

Ron White reported that the Long Range Planning Committee has been formed and will be meeting during the week of August 15, 2005. He will report their progress at the next Board meeting.

Commodore Chambers noted that changes or corrections to the Membership Handbook need to be sent to Kimberly Rix by email prior to August 31, 2005.

Commodore Chambers asked that Committee Chair progress reports be submitted to The Windward for printing in the September issue.

Pat Boyarski reported that he will update and present a financial status report before the 2006 budget is presented at the Annual Meeting.

NEW BUSINESS: Commodore Rix noted that preparation of the agenda for the Annual Meeting in November needs to begin in September. The board also needs to select a nominating committee for the replacement of members going off the board this year.

Ron White presented a recap of the Junior Regatta. All who participated had a great time and the Regatta was a success. He suggested a review of the agenda to assure continued participation. A special thanks to Jim Siebert for the photography and CDs that were given to the participants.

MEMBER CONCERNS: The board considered a request from John Carter to install steps on the finger of his dock to assist in boarding his boat. The handbook in Section B, Paragraph 4 restricts this usage. It was determined the usage of the steps are acceptable as long as they are not permanently attached to the dock.

NEXT BOARD MEETING: Commodore Chambers set the next meeting on September 15, 2005 at the office of Marilyn Kroupa beginning at 7pm.

There being no further business, Carter made a motion to adjourn that was seconded by Plehal. Motion carried.

Respectfully submitted,

Mac Carter, Secretary

Tips from the Rear: DEPOWERING

When the wind increases, do you find yourself heeling more than 20 degrees? Or do you have to pull hard on the tiller to keep the boat going straight? Or you're hiked out all the way and can't keep the (centerboard) boat flat? These are all signs that your sail plan is generating more power than the optimum wind speed your boat is designed for. Even though your sails are producing more power, it doesn't mean that you are going any faster. In fact, these are all signs that you are actually sailing slower!

Rule 1 - Don't feather the jib by pinching into the wind. This is a natural tendency to reduce heel. Pinching will cause a big loss of Velocity Made Good (VMG) due to loss of driving force with an increase in side slip. Dropping boat-speed will increase the heeling moment to make you want to pinch into the wind even further. Have you ever noticed how much more your boat will heel if you sheet the sails in from a standstill? Keep the boat driving by depowering your sails.

Here are some things you can do to depower which will help you reduce heel, sail easier, and go faster (if you're racing).

- Tighten the Outhaul – This flattens the sails thus reducing the camber (depth of the chord) and takes power out of the main.
- Move the Jib Fairleads aft – This reduces heeling by opening up the top of the jib but keeps the bottom in for pointing ability.
- Tighten the Cunningham – This flattens the sail more and moves the center of the chord forward to keep driving ability.
- Let out the Traveler – The easiest way to reduce weather helm and still keep the jib driving is to let out the traveler. This allows the main sheet to remain tight, which in turn keeps the main flat. A secondary effect is that it also keeps the jib forestay in tension, keeping the jib flatter as well. In high wind, I work the traveler in the puffs and not the main sheet. As the wind continues to increase, continue to let the traveler out until the jib effectively becomes the only driving sail. Remember, avoid pinching into the wind.
- Bend the mast as prescribed in the March edition of 'Tips from the Rear'. On the snipe we do this with the jib halyard for bending higher up the mast and the boom vang for low bending.
- As last resort, rapidly dump the main in gusts. If you only slightly ease the main, you are actually increasing the power of both sails which is the opposite of what you want. If you get hit with a 30 knot + blast, you want to quickly dump the pressure on the main to keep the boat flat, then immediately sheet it back in.
- **For cruisers** - Reef the Main and reduce (furl) the Jib; reduce the sails in a balanced manner. Reducing the jib too much without reefing the main will cause excessive weather helm. Reefing the main without reducing the jib could cause a lee helm which is dangerous in high wind. Each boat is different, so talk with someone who has experience with your boat class to find out the best sail reduction plan.

James Rix, Rear Commodore

CAPRI 14.2 RACING SERIES

Saturday September 3 • 1 To 4pm

As a reminder, the WVSC is sponsoring fun races using the five Capri 14.2 centerboard sailboats owned by WVSC-STEP. Skippers, crew and boats will be assigned by drawings. Races will be short and fun, with racing primarily in the WVSC cove. Come out and have fun!

**QUESTIONS? CONTACT GARY PIERCE
OR BILL SORENSEN**

Want dock corners?

Got the desire? Got the money?

Don't got the tools or the time?

Then call Mike Wasson at 806-8411.

"Corners while you wait!" Prices are complete for labor and materials for 2 corners.

**\$200 for 10' slip, \$250 for 12' slip,
\$300 for 14' slip.**

September 10th & 11th, 2005
Walnut Valley Sailing Club & Snipe Fleet #93
 Invite you to sail for the

**MIDWESTERN CHAMPIONSHIP &
 SNIPE DISTRICT II & JUNIOR CHAMPIONSHIP**

SCHEDULE

Saturday, Sept 10th	
8:00 - 9:00	Juniors Registration
9:15	Jr. Competitors Mtg.
10:00 & following	Jr. Race 1 & 2
9:00 - 11:00	Sr. Registration
12:30	Competitor Meeting
1:00	Sail Photo Op
1:30	Race 1
To follow	Race 2, & 3
Approx. 6:00	Dinner @ Clubhouse
Sunday, Sept. 11th	
8:00	Breakfast at Lake
9:30	Race 4
To follow	Race 5
Approx. 12:30	Lunch & Awards

REGISTRATION FEE: \$50.00

Includes Saturday Lunch, and Dinner, Sunday Breakfast & Lunch for Skipper & crew

Kansas State Park daily permit of \$6.50,
 Paid at the park entrance is good from
 Saturday morning until 2:00 Sunday
 Afternoon

CAMPING & LODGING

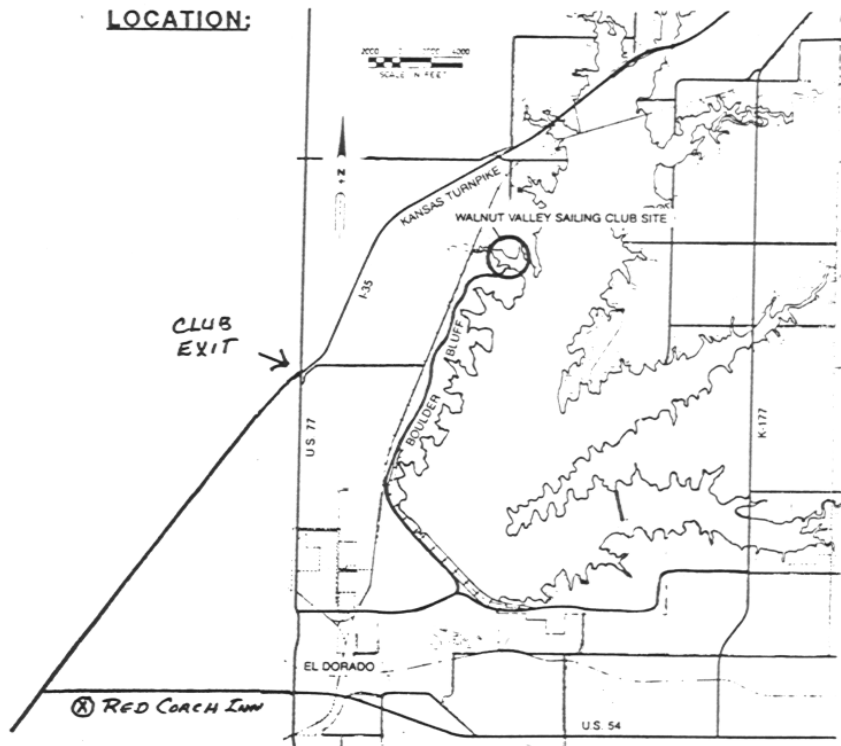
Camping sites are available on 1st come 1st serve basis. Restrooms & showers are available. Camping is not permitted at the club.

Motels on State Highway 254 exit of El Dorado:
 Best Western 800-362-2034
 Super 8 Motel 800-800-8000

AWARDS

Awards will be presented to all participants.
 The perpetual District II Skipper & Crew Trophies will be awarded to the highest placing District II Team

LOCATION:



DRIVING INSTRUCTIONS

Take Kansas Turnpike to El Dorado North Exit; turn Left (South) on US 77 to lake access road (500 ft); Turn left (East) & follow to lake road; turn left (North) on lake road & follow to club (approx. 1 mile)

MORE INFORMATION

[Ken Rix](#), Regatta Chairman
 1054 Gretchen Ln, Wichita, KS 67206
 316-684-6086 sail4it@southwind.net



P.O. Box 20076
Wichita, KS 67208-1076

**Central States
Sailing Association
Junior Circuit
Regatta #3**



**Walnut Valley
Sailing Club
July 30-31, 2005**